



Cian Gildea

Cian graduated from Dublin Institute of Technology in 2014 with an honours degree in Optometry. During his time in DIT, he was awarded a clinical placement at the University of Houston College of Optometry in Texas, where his passion for fitting medical contact lenses began. Seeing what a huge impact these lenses could have on patients' vision made Cian realise this was where he wanted to concentrate his efforts. On returning from Houston, Cian was admitted as a Fellow of the Association of Optometrists Ireland and began his career at the prestigious Wellington Eye Clinic in Dublin. At the Wellington Eye Clinic, Cian began fitting medical contact lenses as well as performing refractive evaluations for patients looking to undergo LASIK, PRK, ICL and other intra-ocular surgeries. In 2021, Cian began working at the Royal Victoria Eye and Ear Hospital where he is the head of medical contact lens services. Cian is a Fellow of the British Contact Lens Association (FBCLA), a Fellow of the International Association of Contact Lens Educators (FIACLE), a Fellow of the Scleral Lens Education Society (FSLs). He is the first and only Irish practitioner to hold FIACLE and FSLs awards. Cian has lectured in Europe and the US on the topic of specialist contact lens fitting.